



**CINQ MŌNDES**  
SOINS DU SPA

TREATMENT MENU

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## GIFT VOUCHERS

Offer your friends and family a unique well-being experience at the Cinq Mondes Spa. Gift vouchers are made out to the recipient, are personalized and allow your guests to choose from our treatment menu according to the time specified on the voucher. The Gift voucher is valid for a treatment done within one year of the purchase date and cannot be used on week-ends and holidays.



**CINQ MÔNDES**  
BOIS DU SPA

< salles de soins  
vestiaires  
piscines - tennis  
manucure  
solarium  
salle de détente

espace lounge >  
suite de félicité à deux  
salle de gym  
toilettes



# INTRODUCTION

## THE SPA EXPERIENCE®

Fascinated by massage, aromatherapy and cosmetics, the founder of CINQ MONDES, Jean-Louis Poiroux, spent over 10 years travelling the globe to find the best treatments and massages from the entire world. Today, CINQ MONDES Spas bring together a selection of the best treatments, massages and traditional formulas, marked by quality, authenticity and ceremony.

## CINQ MONDES FORMULATION PHILOSOPHY

These preparations were specially developed for CINQ MONDES professional treatments. They respect strict formulation guidelines:

1. Tested under dermatological control
2. No silicone
3. No mineral oil
4. No artificial colouring
5. No animal-based ingredient

# THE CINQ MONDES SPA, BLISSFULLY LUXURIOUS WELL-BEING

The Cinq Mondes Spa, the last stage in our total refurbishment, was inaugurated in December 2005. Opening out on to the lake, our beautiful gardens and swimming pool, the 1,500 m<sup>2</sup> Spa offers a wide variety of treatments and massages, Turkish bath and sauna, gym and jacuzzi, all in the most relaxed of surroundings.

The world of the heaven of well-being is directed entirely towards building true harmony between body and mind; to this end it offers the invaluable benefits of the very best massage techniques and a traditional approach to well-being. Whatever the treatment you experience, you will have made your choice from a world tour of beauty rituals... Warmed Indian oil, a Balinese balm of tropical nut oils, Japanese-style massage, Egyptian water. All in all, the Cinq Mondes Spa is an exclusive virtual voyage into the most serene of sanctuaries.

## HERE IN DETAIL, IS WHAT THE CINQ MONDES SPA AT THE BEAU-RIVAGE PALACE OFFERS YOU:

- Open everyday from 6:30 a.m. to 10:00 p.m.
- Six treatment rooms for one or two people
- Two 30 m<sup>2</sup> treatment rooms "Suites Pluie de Fleurs" with Japanese bath
- One 60 m<sup>2</sup> "Suite de Félicité à Deux" suite with Japanese bath, private turkish bath and garden
- Changing/cloakrooms, with a Turkish bath, Sauna and the Tropical Rain Promenade
- Gym of 80 m<sup>2</sup> with views out over the lake and gardens
- Indoor pool (15 m)
- Outdoor pool (20 m)
- Children's playground
- 2 Tennis Courts
- The "Ö Terrasse", a restaurant proposing a variety of well-balanced dishes and healthy cocktails, in an astonishing setting with breathtaking views of the lake (open from May to September)



## CINQ MONDES RITUAL SOJOURNS

## “TAOÏST RITUAL FROM CHINA” SOJOURN

ALLOW YOUR BODY, SPIRIT AND MIND TO RETURN TO THEIR NATURAL SOURCE AND BE FULLY REGENERATED WITH THE HELP OF THE TAOÏST RITUAL.

### treatments over 2 days

- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 1 Taoïst Massage, 50 min
- 1 Taoïst Face Care-Massage, 80 min
- 1 Plantar Reflexology, 20 min

## “SPA RITUAL EXPERIENCE” SOJOURN

DISCOVER THE FINEST TREATMENTS AND MESSAGES COLLECTED AND COMBINED FROM AROUND THE WORLD TO CREATE A UNIQUE AND RELAXING SENSE OF OVERALL WELL-BEING.

### treatments over 2 days

- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 1 Ayurvedic Massage, 50 min
- 1 “Rituel Fleurs de Bali®” Face Care-Massage, 35 min
- 1 Balinese Massage, 50 min

## “BLISS FOR TWO RITUAL” SOJOURN

SHARE WITH YOUR PARTNER A MEMORABLE EXPERIENCE OF WELL-BEING AND RELAXATION IN THE VIP SUITE “FELICITÉ À DEUX”.

### treatments over 2 days (for 2 people)

- 1 Aromas and Colours Hammam, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 1 Ayurvedic Massage, 50 min
- 1 Aromas and Flowers Japanese Bath (in a double bath), 20 min
- 1 Taoïst Massage or 1 Taoïst Face Care-Massage, 80 min

## “RITUAL FROM SIAM” SOJOURN

EXPERIENCE THE TRADITIONAL TECHNIQUES AND INGREDIENTS OF BALI AND THE KINGDOM OF SIAM TO RELAX AND DISCOVER THE HARMONY OF THE BODY AND SPIRIT.

### treatments over 3 days

- 2 Aromas and Flowers Japanese Baths, 20 min
- 1 “Purée de Papaye” Radiance Scrub, 20 min
- 1 Balinese Massage, 50 min
- 1 Thai Massage, 50 min
- 1 Regenerating Wrap, 20 min
- 1 “Rituel Fleurs de Bali®” Face Care-Massage, 35 min
- 1 Scalp and Face Massage, 20 min

“IMPERIAL YOUTHFULNESS  
KO BI DO RITUALS” SOJOURN  
RITUAL COMBINING A JAPANESE GESTURE AS WELL  
AS CHINESE PHARMACOPOEIA BY HARMONIZING A  
SENSE OF YOUTHFULNESS TO YOUR FACE AND SPIRIT.

treatments over 2 days

- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Imperial Youthfulness Ko Bi Do Ritual – Face and Neckline, 80 min
- 1 Face Massage and Ko Bi Do Youthfulness Method, 20 min
- 1 Relaxing Back Massage, 20 min
- 1 Relaxing Leg Massage, 20 min

“MOTHER AND DAUGHTER RITUAL” SOJOURN  
EXPERIENCE A UNIQUE MOMENT  
TOGETHER TOBRING A HARMONIOUS SENSE  
OF VITALITYAND WELL-BEING.

treatments over 3 days (for 2 people)

- 1 Aromas and Colours Hammam, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 1 Ayurvedic Massage or 1 Taoïst Massage, 50 min
- 1 Taoïst Face Care-Massage  
or 1 Imperial Youthfulness Ko Bi Do Ritual – Face and Neckline, 80 min
- 1 Relaxing Hand or Foot Care with Spices, 35 min
- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Balinese Massage, 50 min

“SLIMMING AND FIRMING  
BRAZILIAN RITUALS” SOJOURN  
DISCOVER THE TECHNIQUES OF THE BRAZILIAN  
RITUAL TO SHAPE AND FIRM YOUR BODY  
USING BRAZILIAN COFFEE BEANS.

treatments over 4 days

- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 4 Slimming Massages with “Crème de Café®”, 20 min
- 3 Firming Wraps with Ocher Clay and Seaweed, 20 min
- 1 Scalp and Face Massage, 20 min
- 1 Aromas and Colours Hammam, 20 min
- 1 “Jeunesse et Eclat” Taoïst Face Care-Massage  
or 1 Youthfulness Ko Bi Do Ritual – Eye Contour, 50 min

“RITUALS FROM THE WORLD” SOJOURN  
DISCOVER THE ULTIMATE PAMPERING EXPERIENCE  
AND TOTAL SENSATION OF WELL-BEING INSPIRED  
BY ANCESTRAL TRADITIONS, BROUGHT TOGETHER  
BY CINQ MONDES SPA.

treatments over 5 days

- 2 Aromas and Colours Hammams, 20 min
- 1 Wrap with “Crème de Rassoul®”, 20 min
- 1 Relaxing Back Massage, 20 min
- 1 Taoïst Massage (or Taoïst Face Care-Massage), 80 min
- 1 Plantar Reflexology, 20 min
- 2 Aromas and Flowers Japanese Baths, 20 min
- 1 Imperial Youthfulness Ko Bi Do Ritual – Face and Neckline  
or 1 Shiatsu Massage, 80 min
- 1 Ayurvedic Massage, 80 min
- 1 “Purée de Papaye” Radiance Scrub, 20 min
- 1 Balinese Massage or 1 Thai Massage, 50 min



## TREATMENT RITUALS® AND WELL-BEING AT THE SPA

*As certain treatments may last longer than stated,  
please allow another 30 minutes in your treatment schedule.*

1h50

### ROYAL RITUAL FROM SIAM

Aromas and Flowers Japanese Bath, 20 min  
"Purée de Papaye®" Radiance Scrub, 20 min  
Balinese Massage, 50 min

1h50

### REVIVIFYING TROPICAL RITUAL

Aromas and Flowers Japanese Bath, 20 min  
Aromatic Scrub with Spices, 20 min  
"Jeunesse et Eclat" Taoïst Face Care-Massage, 50 min

1h50

### NORTH AFRICAN RITUAL

Scrub with "Savon Noir Beldj®" (black soap), 20 min  
Wrap with "Crème de Rassoul®", 20 min  
Traditional Oriental Massage, 50 min

1h50

### BLISS RITUAL FOR TWO (for 2 people)

Aromas and Colours Hammam, 20 min  
Aromatic Scrub with Spices, 20 min  
Ayurvedic Massage or Taoïst Massage, 50 min

2h20

## TRADITIONAL HAMMAM RITUAL

Aromas and Colours Hammam, 20 min  
Scrub with "Savon Noir Beldi®" (black soap), 20 min  
Wrap with "Crème de Rassoul®", 20 min  
Traditional Oriental Massage, 50 min

3h

## ROYAL TAOIST RITUAL®

Aromas and Flowers Japanese Bath, 20 min  
Aromatic Scrub with Spices, 20 min  
Taoist Massage, 50 min  
Taoist Face Care-Massage, 50 min

3h20

## CELESTIAL DAY

Aromas and Flowers Japanese Bath  
or Aromas and Colours Hammam, 20 min  
Aromatic Scrub with Spices, 20 min  
Ayurvedic Massage, 50 min  
"Jeunesse et Eclat" Face Care-Massage, 50 min  
Plantar Reflexology, 20 min

4h30

## WELL-BEING AND BEAUTY DAY in the VIP Suite

Aromas and Colours Hammam, 20 min  
Aromatic Scrub with Spices, 20 min  
Aromas and Flowers Japanese Bath®, 20 min  
Plantar Reflexology, 20 min  
Relaxing Massage\*, 50 min  
Hand Beauty, 35 min  
Face Care-Massage\*, 80 min

*\*Relaxing Massage and Face Care-Massage will be defined and personalized with a therapist just before beginning the Well-Being Ritual.*

# EXCEPTIONAL TREATMENTS

3h

## JUBILEE MASSAGE TREATMENT (Exclusive to the Beau-Rivage Palace)

Welcome Ceremony, 20 min  
Aromatic Scrub with Spices, 30 min  
Jubilee Massage, 1h20  
Relaxing Ceremony, 30 min

3h

## ROYAL SIRODHARA TREATMENT

Welcome Ceremony, 20 min  
Royal Sirodhara Treatment, 1h40  
Siro Abhyanga Head Massage, 20 min  
Relaxing Ceremony, 30 min

3h

## TAOISTE RITUAL FROM CHINA

Welcome Ceremony, 20 min  
Taoist Massage, 1h15  
«Jeunesse et Eclat» Taoist Face Care-Massage, 45 min  
Relaxing Ceremony, 30 min

3h

## MAJOR AYURVEDIC RITUAL

Welcome Ceremony, 20 min  
Exceptional Scrub and Gentle Exfoliation of the Face, 45 min  
Ayurvedic Massage, 1h15  
Relaxing Ceremony, 30 min

3h

## TRADITIONAL RITUAL FROM JAPAN

Welcome Ceremony, 20 min  
Body Scrub and Regenerating Balm Application, 40 min  
Imperial Youthfulness Ko Bi Do Ritual - Face and Neckline, 1h20  
Relaxing Ceremony, 30 min



## BATH RITUALS® AND BODY TREATMENTS

PREPARATORY TREATMENTS ARE PERFECT BEFORE A MASSAGE OR A FACE CARE-MASSAGE, ALLOWING TOTAL RELAXATION OF THE BODY AND MIND.

20 min

### AROMAS AND FLOWERS JAPANESE BATH

Inspired by the O Furo tradition, experience total relaxation in a bath of flowers thanks to the combined benefits of essential oils and colours.

20 min

### AROMATIC SCRUB WITH SPICES

Originally from the Island of Java, a body scrub based on spices and sea salts. Nurtures the skin by eliminating dead skin cells and energizing the body by enhancing its radiance.

20 min

### "PURÉE DE PAPAYE®" RADIANCE SCRUB

body scrub following a Ritual from Siam using "Purée de Papaye®". A treatment which refines the texture and creates a healthy glow to the skin.

20 min

### REGENERATING BODY WRAP

Body wrap using a balm composed of refreshing, soothing and regenerating plant oils. It is a perfect moisturiser which could be done in summer and winter to make your skin supple.

## TREATMENT RITUALS® – FACE

ALL CINQ MONDES FACE CARE-MASSAGES INCLUDE CLARIFYING AND PERSONALIZED SKIN HYDRATION. EXPERIENCE A UNIQUE COMBINATION OF BEAUTY AND RELAXATION.

35 min

### “RITUEL FLEURS DE BALI®” FACE CARE-MASSAGE

Facial including face and back massage with a Ritual from Bali.

50 min

### “JEUNESSE ET ECLAT” TAOIST FACE CARE-MASSAGE

Facial using cosmetic preparations from the Chinese pharmacopoeia and face massage with a Taoist Ritual from China.

Focuses on acupressure points that allow facial features to relax.

80 min

### ANTI-STRESS TAOIST FACE CARE-MASSAGE

Facial followed by a massage with a Taoist Ritual from China, concentrating on acupressure points on the face as well as the trapezius muscles of the back. Acts directly on the entire body for total relaxation.

20 min

### FACE CARE-MASSAGE AND KO BI DO YOUTHFULNESS METHOD

Toning face massage method, combined with anti-wrinkle movements. Guided by the therapist who uses the ancestral Japanese gesture “Ko Bi Do”.

50 min

### YOUTHFULNESS KO BI DO RITUAL – EYE CONTOUR

Specific anti-wrinkle care focused on the most fragile areas of the face (eyes, forehead, lips), using an ancestral Japanese Ritual “Ko Bi Do”, a genuine and natural face lift.

80 min

### IMPERIAL YOUTHFULNESS KO BI DO RITUAL – FACE AND NECKLINE

Complete specific anti-wrinkle care, using a Japanese massage Ritual “Ko Bi Do”, a genuine and natural lift for the face and neckline.

4 sessions

### YOUTHFULNESS KO BI DO CURE

(Treatments received over a one-month period to optimise the effectiveness of the cure).

- 1 Imperial Youthfulness Ko Bi Do Ritual – Face and Neckline 80 min,
- 1 Youthfulness Ko Bi Do Ritual - Eye Contour 50 min,
- 2 Face Massages and Ko Bi Do Youthfulness Method 20 min,
- 1 Aromas and Flowers Japanese Bath 20 min.

# MASSAGE RITUALS

DISCOVER THE BENEFITS OF THE BEST TREATMENTS AND MESSAGES FROM THE ENTIRE WORLD TO RESTORE THE HARMONY OF THE BODY AND SPIRIT.

20 / 50 min

## PLANTAR REFLEXOLOGY

Massage of the major acupressure points on the soles of the feet to restore the body's equilibrium.

20 min

## SCALP AND FACE MASSAGE

Massage of the reflex areas on the face and head, following the Japanese AMMA technique, to provide relaxation and vitality.

20 min

## RELAXING BACK MASSAGE

Massage focusing on the back, nape and trapezius muscles, releasing accumulated tension, for total relaxation.

20 min

## RELAXING LEG MASSAGE

Following an Ayurvedic tradition to restore lightness and vitality. A toning and draining massage, acting on the leg muscles and encouraging blood circulation.

50 min

## BALINESE MASSAGE

Massage with "Baume Fondant aux Noix Tropicales®" very relaxing Ritual from Bali which combines gentle Thai pulling and traditional smoothing movements.

50 min

## TRADITIONAL ORIENTAL MASSAGE

tradition of relaxing massage from North Africa using hot oil.

50 / 80 min

## AYURVEDIC MASSAGE

A thousand-year-old Indian Ritual that defines the tension areas in order to restore energy and vitality including a toning and muscular massage with hot sesame oil.

50 / 80 min

## TAOÏST MASSAGE

Chinese Ritual that harmonizes the body and spirit and works on anti-stress acupressure points using a hot-oil massage.

50 / 80 min

## SHIATSU MASSAGE

Clothed without oil Japanese massage which literally means "finger pressure" encourages the circulation of all the energy in the body to restore balance and vitality.

50 / 80 min

## THAÏ MASSAGE

clothed without oil Traditional Thai massage that rebalances the body and spirit while working on the body's overall suppleness through positions similar to those used in yoga. Revitalizing, energizing and stress-releasing.



## TREATMENT RITUALS – SLIMMING AND FIRMING

50 min “CRÈME DE CAFÉ®” BRAZILIAN RITUAL  
Following a Brazilian Ritual, a slimming care-massage with “Crème de Café®” and a draining and toning wrap with ochre clay and seaweed.

10 sessions  
of 50 min “CRÈME DE CAFÉ®” SUBSCRIPTION  
To sculpt the body, also discover “Crème de Café®” Subscription with 10 sessions of 50 minutes (1 diagnostic and 2 scrubs for optimal penetration of ingredients complimentary).

## MANICURE AND PEDICURE

35 min RELAXING HAND OR FOOT CARE WITH SPICES  
Relaxation of the hands or feet using a treatment and a massage that combine a scrub and a nourishing mask to beautify the skin.

80 min ANGEL HANDS CARE-MASSAGE®  
Relaxation of the hands and a manicure, followed by a massage, with a scrub and a nourishing mask to beautify the skin.

80 min LIGHT FEET CARE-MASSAGE®  
Relaxation and complete beauty treatment for the feet, followed by a massage, with a scrub and a nourishing mask to beautify the skin.

80 min FRENCH MANICURE / PEDICURE

50 min MANICURE

50 min PEDICURE

20 min NAIL POLISH APPLICATION

# EPILATION

EPILATION BE DONE USING THE CLASSIC WARM WAX METHOD AND COMPLETED BY MOISTURISING THE SKIN.

15 min	EYEBROWS OR LIPS
30 min	FACEFORE
25 min	ARMFULL
30 min	ARM
30 min	CHEST/STOMACH
25 min	BACK
20 min	BIKINI OR UNDERARMS
45 min	FULL BIKINI

30 min	HALF LEGS
45 min	FULL LEGS
45 min	HALF LEGS & BIKINI
45 min	HALF LEGS & UNDERARMS
60 min	FULL LEGS & BIKINI
60 min	FULL LEGS & UNDERARMS
70 min	HALF LEGS & BIKINI & UNDERARMS
80 min	FULL LEGS & BIKINI & UNDERARMS



## COLOR AND DE-COLORIZATION

20 min

EYELASH TINTING

15 min

EYEBROW TINTING

25 min

EYELASH AND  
EYEBROW TINTING FINE

25 min

HAIR DE-COLORIZATION

## MAKE-UP AND HAIR

ON REQUEST

## TREATMENT CARDS

### SUBSCRIPTION FOR 10 TREATMENTS

10 treatments of 50 min of your choice

### SUBSCRIPTION FOR 12 TREATMENTS

8 treatments of 50 min and 4 treatments of 20 min of your choice

### SUBSCRIPTION FOR 15 TREATMENTS

10 treatments of 50 min and 5 treatments of 20 min of your choice

### SUBSCRIPTION “CRÈME DE CAFÉ®”

1 personalised diagnostic, 10 treatments of 50 min and 2 scrubs

*Our consultants will welcome you at the Spa's reception desk and provide you with all the information you need.*

*Prices are subject to change without prior notice.*

## FITNESS AND LIFESTYLE

### SPA ENTRANCE (for external clients)

Free access to the swimming pools, jacuzzi, fitness and relaxation room.

Upon availability and reservation of a treatment for a minimum amount of CHF 145.-

per hour

PERSONAL TRAINING

11 sessions

COACHING

per hour

TENNIS COACHING

on request

YOGA

SOLARIUM

## OPENING HOURS

The spa opens its doors between 6:30 a.m. and 10:00 p.m., 7 days a week. Treatments may be reserved between 9:00 a.m. and 8:00 p.m. 7 days a week. Our professional and skilled staff is at guests disposal for reservations at +41 21 613 33 67.

## CHANGING ROOMS

Each guest has the possibility to use the individual locker rooms with the necessary accessories and linen provided. The lockers are emptied every evening for the hygiene and security of all guests. The management is not responsible for any valuable items left in locker rooms or in the different spa areas. The reception team may assist individuals to a safety box for any valuable items.

## SECURITY AND HYGIENE

For each individuals well being, strict rules apply for security and hygiene which should be followed.

- The management may not be held responsible for the loss or theft of objects on the Spa premises.
- The management declines responsibility in case of accidents in the spa zones as well as the swimming pool which is not under surveillance.
- It is prohibited to run in the Spa and to dive or jump in the swimming pools.
- It is not recommended to stay in the sauna and hammam for a longer period than indicated at the entrance of each zone.
- Any glassware or food items are strictly prohibited around the swimming pool, spa zones, locker rooms and treatment areas.
- It is prohibited to smoke inside the Spa.
- All individuals should be advised by their doctor whether certain exercises or treatments are admitted.
- All individuals are requested to wear the appropriate shoe cover once entering the locker area.
- Mobile phones are strictly prohibited in the Spa.
- Pets are not allowed in the Spa.
- Access to the swimming pool is only admitted with the proper and descent swimwear.

## TREATMENTS

Reservations for treatments may be taken only during opening hours. All individuals having reserved a treatment are requested to arrive 30 minutes before the treatment begins in order to allow time to change and benefit of the hamman and sauna facilities. Individuals arriving late for treatments will only receive the remainder time of the treatment reserved. Guest will be charged for any appointments cancelled with less than 24 hour's notice. Our massages are treatments of relaxation and well-being, and are not therapeutic nor medical.



# BEAU-RIVAGE PALACE

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Swiss Deluxe Hotels

**CINQ MŌNDES**  
**SOINS DU SPA**

TARIFS 2008 / RATES 2008

## SÉJOURS RITUELS p. 7-11

CHF 470.-	Séjour Rituels Ko Bi Do® du Visage – Impérial de Jeunesse®
CHF 520.-	Séjour Rituels «Expérience du Spa®»
CHF 530.-	Séjour Rituels de Félicité à Deux®
CHF 530.-	Séjour Rituels Taoïstes de Chine
CHF 720.-	Séjour «Rituels de Complicité Mère et Fille»
CHF 730.-	Séjour Rituels du Royaume du Siam
CHF 920.-	Séjour Rituels de Minceur Brésiliens
CHF 1260.-	Séjour Rituels de Beauté du Monde®

## RITUELS DE BIEN-ÊTRE ET SOINS® DU SPA p. 13-14

CHF 280.-	Rituel Royal du Siam®
CHF 280.-	Rituel Tropical Revivifiant
CHF 280.-	Rituel du Maghreb®
CHF 280.- / par pers.	Rituel de Félicité à Deux®
CHF 350.-	Rituel du Hammam® – Traditionnel
CHF 420.-	Rituel Royal Taoïste®
CHF 490.-	Journée Céleste
CHF 735.-	Journée Sérénissime

## SOINS D'EXCEPTION® p. 15

CHF 580.- / 1160.-	Soin Massage Jubilé® (pour 1 ou 2 personnes)
CHF 580.- / 1160.-	Soin Royal Sirodhara (pour 1 ou 2 personnes)
CHF 580.- / 1160.-	Rituel Taoïste de Chine (pour 1 ou 2 personnes)
CHF 580.- / 1160.-	Rituel Ayurvédique Majeur (pour 1 ou 2 personnes)
CHF 580.- / 1160.-	Rituel Traditionnel du Japon (pour 1 ou 2 personnes)

## RITUALS SOJOURNS p. 7-11

CHF 470.-	“Imperial Youthfulness Ko Bi Do” Sojourn
CHF 520.-	“Spa Ritual Experience” Sojourn
CHF 530.-	“Bliss for Two Ritual” Sojourn
CHF 530.-	“Taoist Ritual from China” Sojourn
CHF 720.-	“Mother and Daughter Ritual” Sojourn
CHF 730.-	“Ritual from Siam” Sojourn
CHF 920.-	“Slimming and Firming Brazilian Rituals” Sojourn
CHF 1260.-	“Rituals from the World” Sojourn

## TREATMENT RITUALS AND WELL-BEING AT THE SPA p. 13-14

CHF 280.-	Royal Ritual from Siam
CHF 280.-	Revivifying Tropical Ritual
CHF 280.-	North African Ritual
CHF 280.- / per person	Bliss Ritual for two
CHF 350.-	Traditional Hammam Ritual
CHF 420.-	Royal Taoist Ritual
CHF 490.-	Celestial Day
CHF 735.-	Well-Being and Beauty Day

## EXCEPTIONAL TREATMENTS p. 15

CHF 580.- / 1160.-	Jubilee Massage Treatment (1 or 2 people)
CHF 580.- / 1160.-	Royal Sirodhara Treatment (1 or 2 people)
CHF 580.- / 1160.-	Taoist Ritual from China (1 or 2 people)
CHF 580.- / 1160.-	Major Ayurvedic Ritual (1 or 2 people)
CHF 580.- / 1160.-	Traditional Ritual from Japan (1 or 2 people)

**RITUELS DU BAIN® AND SOINS DU CORPS p. 17**

CHF 85.-	Bain Japonais d'Arômes et de Fleurs®
CHF 85.-	Gommage Aromatique aux Épices
CHF 85.-	Gommage Eclat «Purée de Papaye®»
CHF 85.-	Enveloppement Régénérant

**RITUELS DE SOINS® – VISAGE p. 18-19**

CHF 85.-	Massage du Visage et Méthode de Jeunesse Ko Bi Do
CHF 120.-	Soin-Massage du Visage «Rituel Fleurs de Bali®»
CHF 145.-	Soin-Massage du Visage Taoïste «Jeunesse et Eclat»
CHF 145.-	Rituel de Jeunesse Ko Bi Do® – Contour des Yeux
CHF 205.-	Soin-Massage du Visage Taoïste Anti-Stress
CHF 205.-	Rituel Impérial de Jeunesse Ko Bi Do® – Visage et Décolleté
CHF 550.-	Cure de Jeunesse Ko Bi Do (4 séances)

**BATH RITUALS AND BODY TREATMENTS p. 17**

CHF 85.-	Aromas and Flowers Japanese Bath
CHF 85.-	Aromatic Scrub with Spices
CHF 85.-	“Purée de Papaye”, Radiance Scrub
CHF 85.-	Regenerating Body Wrap

**TREATMENT RITUALS – FACE p. 18-19**

CHF 85.-	Face Care-Massage and Ko Bi Do Youthfulness Method
CHF 120.-	“Rituel Fleur de Bali®”, Face Care-Massage
CHF 145.-	“Jeunesse et Eclat”, Taoist Face Care-Massage
CHF 145.-	Youthfulness Ko Bi Do Ritual – Eye Contour
CHF 205.-	Anti-Stress Taoist Face Care-Massage
CHF 205.-	Imperial Youthfulness Ko Bi Do Ritual – Face and Neckline
CHF 550.-	Youthfulness Ko Bi Do Cure (4 sessions)

**RITUELS DE MASSAGE® p. 20-21**

CHF 85.- / 145.-	Réflexologie Plantaire 20 min / 50 min
CHF 85.-	Massage Cuir Chevelu et Visage
CHF 85.-	Massage Délassant du Dos
CHF 85.-	Massage Délassant des Jambes
CHF 145.-	Massage Balinais
CHF 145.-	Massage Oriental Traditionnel
CHF 145.- / 205.-	Massage Ayurvédique 50 min / 80 min
CHF 145.- / 205.-	Massage Taoïste 50 min / 80 min
CHF 145.- / 205.-	Massage Shiatsu 50 min / 80min
CHF 145.- / 205.-	Massage Thaï 50 min / 80 min

**RITUELS DE SOIN® – MINCEUR ET FERMETÉ p. 24**

CHF 145.-	Rituel Brésilien «Crème de Café®»
CHF 1450.-	Abonnement «Crème de Café®» (10 séances de 50 min), 1 diagnostic, 2 gommages

**MASSAGE RITUALS p. 20-21**

CHF 85.- / 145.-	Plantar Reflexology 20 / 50 min
CHF 85.-	Scalp and Face Massage
CHF 85.-	Relaxing Back Massage
CHF 85.-	Relaxing Leg Massage
CHF 145.-	Balinese Massage
CHF 145.-	Traditional Oriental Massage
CHF 145.- / 205.-	Ayurvedic Massage 50 min / 80 min
CHF 145.- / 205.-	Taoïst Massage 50 min / 80 min
CHF 145.- / 205.-	Shiatsu Massage 50 min / 80 min
CHF 145.- / 205.-	Thaï Massage 50 min / 80 min

**TREATMENT RITUALS – SLIMMING AND FIRING p. 24**

CHF 145.-	“Crème de Café®” Brazilian Ritual
CHF 1450.-	“Crème de Café®” Subscription (10 sessions of 50 min), 1 diagnostic, 2 scrubs

**BEAUTÉ DES MAINS ET BEAUTE DES PIEDS** p. 25

CHF 40.-	Pose de Vernis
CHF 60.-	Soin des Mains ou des Pieds aux Epices
CHF 80.-	Manucure Simple
CHF 80.-	Pédicure Simple
CHF 140.-	Soin-Massage Mains d'Ange®
CHF 140.-	Soin-Massage Pieds Légers®
CHF 140.-	French Manucure / Pédicure

**ÉPILATION** p. 26-27

CHF 30.-	Sourcils ou Lèvres
CHF 45.-	Bikini ou Aisselles
CHF 55.-	Avant-Bras
CHF 55.-	Torse, Ventre
CHF 60.-	Bras Entier
CHF 65.-	Dos
CHF 70.-	Bikini Entier
CHF 75.-	Demi-Jambes
CHF 80.-	Visage
CHF 105.-	Demi-Jambes & Bikini ou Demi-Jambes & Aisselles
CHF 115.-	Jambes Complètes
CHF 140.-	Jambes complètes & Bikini
CHF 140.-	Jambes complètes & Aisselles
CHF 140.-	Demi-Jambes & Bikini & Aisselles
CHF 175.-	Jambes complètes & Bikini & Aisselles

**MANICURE & PEDICURE** p. 25

CHF 40.-	Nail Polish Application
CHF 60.-	Relaxing Hand or Foot Care with Spices
CHF 80.-	Manicure
CHF 80.-	Pedicure
CHF 140.-	Angel Hands Care-Massage
CHF 140.-	Light Feet Care-Massage
CHF 140.-	French Manicure / Pedicure

**EPILATION** p. 26-27

CHF 30.-	Eyebrows or Lips
CHF 45.-	Bikini or Underarms
CHF 55.-	Forearm
CHF 55.-	Chest, Stomach
CHF 60.-	Full Arm
CHF 65.-	Back
CHF 70.-	Full Bikini
CHF 75.-	Half Legs
CHF 80.-	Face
CHF 105.-	Half Legs & Bikini & Half Legs & Underarms
CHF 115.-	Full Legs
CHF 140.-	Full Legs & Bikini
CHF 140.-	Full Legs & Underarms
CHF 140.-	Half Legs & Bikini & Underarms
CHF 175.-	Full Legs & Bikini & Underarms

## TEINTURES ET DÉCOLORATION p. 29

CHF 30.-	Teinture des Sourcils
CHF 40.-	Teinture des Cils
CHF 40.-	Décoloration du Duvet
CHF 55.-	Teinture des Cils et des Sourcils

## MAQUILLAGE ET COIFFURE p. 29

Possibilité sur demande

## ABONNEMENTS p. 30

CHF 1360.-	Abonnement de 12 soins (8 soins de 50 min et 4 soins de 20 min au choix)
CHF 1400.-	Abonnement de 10 soins de 50 min (10 soins de 50 min au choix)
CHF 1450.-	Abonnement «Crème de Café®» (un diagnostic personnalisé, 10 soins de 50 min et 2 gommages au choix)
CHF 1660.-	Abonnement de 15 soins (10 soins de 50 min et 5 soins de 20 min au choix)

## LOISIRS ET ACTIVITÉS SPORTIVES p. 31

CHF 10.- / 20.-	Solarium 10 min / 20 min
CHF 60.-	Entrée Spa (pour clientèle extérieure à l'Hôtel) avec un soin minimum de 50 min.
CHF 100.-	Leçons de Tennis (1h)
CHF 140.-	Personal Training (1h/par pers.)
CHF 1400.-	Abonnement de Coaching (11 séances)
Sur demande	Yoga

## COLOR AND DE-COLORIZATION p. 29

CHF 30.-	Eyebrow Tinting
CHF 40.-	Eyelash Tinting
CHF 40.-	Fine Hair De-Colorization
CHF 55.-	Eyelash & Eyebrow Tinting

## MAKE-UP AND HAIR p. 29

On request

## TREATMENT CARDS p. 30

CHF 1360.-	Subscription for 12 Treatments (8 treatments of 50 min and 4 treatments of 20 min of your choice)
CHF 1400.-	Subscription for 10 Treatments (10 treatments of 50 min of your choice)
CHF 1450.-	Subscription "Crème de Café®" (1 personalised diagnostic, 10 treatments of 50 min and 2 scrubs offered)
CHF 1660.-	Subscription for 15 Treatments (10 treatments of 50 min and 5 treatments of 20 min of your choice)

## FITNESS AND LIFESTYLE p. 31

CHF 10.- / 20.-	Solarium 10 min / 20 min
CHF 60.-	Spa Entrance (for external clients) with a treatment for a minimum of 50 min.
CHF 100.-	Tennis Coaching (per hour)
CHF 140.-	Personal Training (1h/per pers.)
CHF 1400.-	Coaching (11 sessions)
On request	Yoga

Nos conseillers vous accueilleront à la réception du Spa  
et vous fourniront toutes les informations dont vous aurez besoin.  
Les tarifs (CHF) sont susceptibles d'être modifiés sans préavis.  
Service et TVA compris.

**Our consultants will welcome you at the Spa's reception desk  
and provide you with all the information you need.  
Rates in Swiss Francs (CHF) are subject to change without prior notice.  
Service and VAT included.**

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